



John McFaul Owner and Guide

John McFaul is a professional naturalist who has been leading nature hikes in southern Alberta for 30 years. He is accredited with the Interpretive Guides Association.

Energize the body

Enrich the mind

Rejuvenate the soul

Alpenglow Nature Hikes

43 Hartford Road NW

Calgary, Alberta

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www.alpenglownaturehikes.ca

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Alpenglow Nature Hikes

2017



*Lighting your way to the
natural wonders
of Alberta*

www.alpenglownaturehikes.ca

Alpenglow Nature Hikes

Explore the natural wonders of Calgary and beyond with Alpenglow Nature Hikes.



Nature Hikes

A series of slow-to-moderate paced hikes. The longest hike is 11 kilometers return, with a maximum elevation gain of 500 meters.

Spring

Destinations: Bow Valley, Dry Island Buffalo Jump, Snagmore Loop, Kananaskis Fire Lookout

Group A: Saturdays
May 6 & 27, June 10, July 8

Group B: Sundays
May 7 & 28, June 11, July 9

Group C: Wednesdays
May 10 & 31, June 14, July 12

Fee: \$180.00 (incl. GST) (4 hikes)



Nature Hikes

Summer/Fall Session

Destinations: Sunshine Meadows (\$29.00 bus fee extra), Lillian Lake, Running Rain Lake, Pocaterra Cirque

Group D: Saturdays
July 22, Aug. 12, Sept. 9 & 23

Group E: Sundays
July 23, Aug. 13, Sept. 10,

Oct. 1 **Group F:** Wednesdays
July 26, Aug. 16, Sept. 13 & 27

Fee: \$180.00 (incl. GST) (4 hikes)



Advanced Nature Hikes

These full-day hikes will cover greater distances and elevation gains than Nature Hikes.

Destinations: Sandy McNabb Ridge, Whaleback, Piper Creek, Jumping Pound Ridge, Old Goat Glacier

Group A: Saturdays
May 13, June 17, July 15, Aug. 26, Sept. 16

Group B: Sundays
May 14, June 18, July 16, Aug. 27, Sept. 17

Group C: Tuesdays
May 16, June 20, July 18, Aug. 29, Sept. 19

Fee: \$225.00 (incl. GST) (5 hikes)



Nature Adventures

Immerse yourself in the grandeur and tranquility of the Canadian Rockies.



Mistaya Lodge

An exciting helicopter ride from Golden allows you to escape to the alpine meadows and soaring glaciated peaks that surround Mistaya Lodge.

Dates: Aug. 3 – 7 (first night in Golden)
Fee: \$1650.00 (includes GST)
(includes helicopter, accommodation, lodge food)



Calgary
77.2%
of sun
eclipsed

Solar Eclipse August 21, 11:33 AM

Lake O'Hara Lodge

This alpine oasis has many pretty lakes, golden larches and stunning mountain vistas which will capture your heart.

Dates: Sept. 26 - 28
Fee: \$850.00 (incl. GST)
(includes bus transfer, accommodation and food)



Nature Strolls

These are slow-paced, half-day outings to lovely, local nature spots.

Spring

Destinations: Jumping Pound, High Noon Hill, Bow Valley Park, Marl Lake
Dates: Fridays, 8:30 AM to 2:00 PM
June 2, 9, 16, 23
Fee: \$130.00 (incl. GST) (4 strolls)

Fall

Destinations: Ribbon Creek, Big Hill Springs, Paddy Flats, Sandy McNabb
Dates: Fridays, 8:30 AM to 2:00 PM
Sept. 8, 15, 22, 29
Fee: \$130.00 (incl. GST) (4 strolls)

Calgary Nature Walks

These walks will give you a great opportunity to visit Calgary's natural jewels with a professional naturalist.



Destinations: Fish Creek, Inglewood, Confluence, Edworthy, Nose Hill, South Glenmore
Dates: Tuesdays April 25, May 9 & 23, June 6 & 27, July 4
Fee: \$20.00 per walk (incl. GST)



Morning Bird Walk

Morning saunters to enjoy the migrant birds returning to brighten our world.

Destinations: Inglewood, Confluence Park, Edworthy Park, Carburn Park
Dates: Thursdays, 9 AM to 11:30 AM
May 4, 11, 18, 25
Fee: \$90.00 (incl. GST) (4 walks)

Wildflower Picnic

Celebrate summer's return with a picnic and flower walk to the Many Springs Trail.

Destination: Bow Valley Prov. Park
Date: Thursday, June 22
11:00 AM to 3:00 PM
Fee: \$45.00 (incl. GST) (includes picnic)

Snowshoeing

Snowshoeing will give you plenty of fresh air and exercise as you explore the natural wonders of winter.

Destinations: Elk Pass, Black Prince Cirque, Chester Lake
Dates: Sundays
Jan.29, Feb. 12 & 26
Fee: \$45.00 per day (incl. GST)

