

# *Alpenglow Nature Hikes*

Lighting your way to the natural wonders of Alberta

## Mt. Assiniboine Adventure - 2018

Majestic Mount Assiniboine, more than any other mountain, is symbolic of the grandeur of the Canadian Rockies. This beautiful spire, with a garland of sparkling glaciers, towers 1500 meters above the tranquil waters of Lake Magog. Mount Assiniboine lodge is ideally situated to take in this magnificent vista and as a comfortable base in which to undertake a variety of beautiful hikes that radiate out from the lodge to sparkling lakes and superb alpine ridges.



This adventure will start with an exhilarating helicopter ride to the lodge. Over the next two days you will have the opportunity to explore some of the beautiful trails that Assiniboine is noted for. The last day will be a return flight from Assiniboine to the Mt. Shark helipad. After the flight an optional hike to Watridge Lake and Karst Springs can be entertained.

### *Alpenglow Nature Hikes*

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Monday, September 3rd

- 11:30 AM – Check in at Mt. Shark Heli Pad
- 12:00 PM – Flight to lodge.
- 12:30 PM – Lunch
- 1:30 PM – Hike to Wonder Pass  
3.5 km, 260 meters elev. gain
- 6:30 PM – Dinner



Tuesday, September 4th

- 8:00 AM – Breakfast and make lunch
- 9:30 AM – Nub Ridge and The Nublet  
8 km loop, 360 meters elev. gain
- 4:00 PM – Afternoon Tea
- 6:00 PM – Dinner



Wednesday, September 5th

- 8:00 AM – Breakfast
- 11:00 AM – Flight back to Mt. Shark
- 11:30 AM – Arrive at Mt. Shark and return to Calgary or  
optional hike to Watridge Lake and Karst Springs with a later  
return to Calgary.

Reference

[www.assiniboinelodge.com](http://www.assiniboinelodge.com)

Don Beers – “Banff-Assiniboine: A Beautiful World”

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