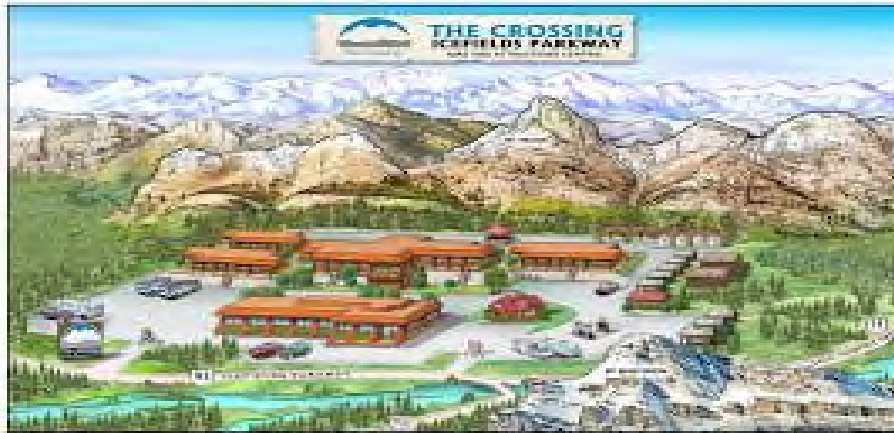


Alpenglow Nature Hikes

Lighting your way to the natural wonders of Alberta

Icefields Adventure 2020

This trip explores the world-renowned Icefields region of Banff and Jasper National Parks. We will hike some of the best trails that exist in this spectacular area of the Canadian Rockies. The Crossing Resort will be our base as we explore this region of soaring glaciated peaks, beautiful alpine tarns, and flowery alpine meadows.



On the first day we will hike to picturesque Helen Lake set in an alpine basin well known for its beautiful wildflower displays. After the hike we will proceed to The Crossing Resort. Situated near the historic North Saskatchewan River the resort offers expansive views of the surrounding peaks. Over the next three days we will explore some of the more interesting trails that the area has to offer.

An information package will be sent to those who register for the adventure.

Alpenglow Nature Hikes

John McFaul, Owner and Guide

43 Hartford Road NW

Calgary, Alberta T2K 2A4

Phone: (403) 289-9517

E-mail: alpnglo@telus.net

www.alpenglownaturehikes.ca

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Itinerary

Note: The trails selected may vary according to trail conditions, weather and interest.

Tuesday – July 28

11:00 AM Meet at trailhead for hike to Helen Lake
6 km one way, 500 meters elevation gain
5:00 PM Check in at Saskatchewan Crossing
6:30 PM Dinner

Wednesday – July 29

8:00 AM Breakfast, Pick-up Lunches
10:00 AM Hike to Wilcox Pass
6 km one way, 500 meters elevation gain
6:00 PM Dinner

Thursday – July 30

8:00 AM Breakfast, Pick-up Lunches
10:00 AM Hike to Siffleur Falls
7 km one way, 130 meters elevation gain
6:00 PM Dinner

Friday – July 31

8:00 AM Breakfast, Pick-up Lunches
10:00 AM Hike to Bow Falls
5 km one way, 160 meters elevation gain
3:00 PM Return to cars
5:30 PM Return to Calgary

References

Patton, Brian (1995) Parkways of the Canadian Rockies – A Road Guide
Pole, Graeme (1994) Classic Hikes in the Canadian Rockies
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